Mapping Healthcare Access Gaps in Nairobi County 2025/26

Universal Health Coverage

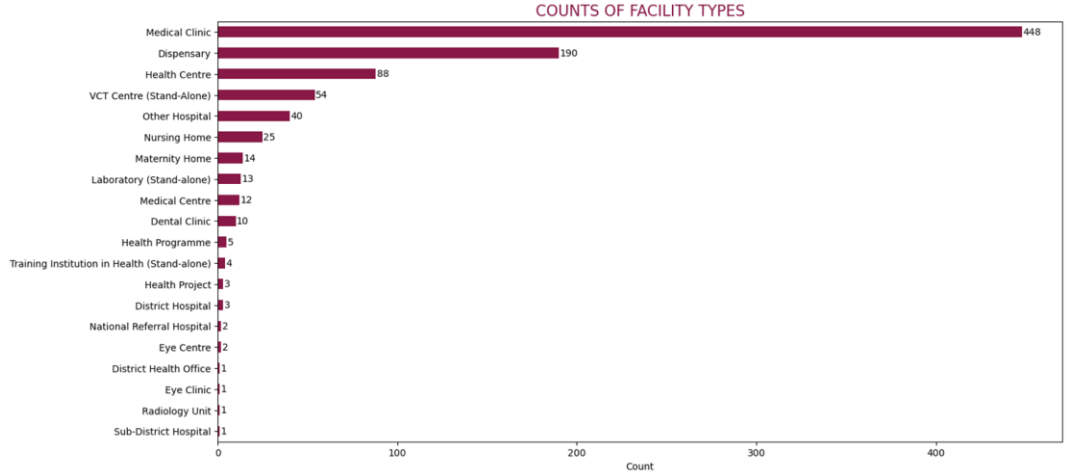
SDG Target 3.8 aims to achieve universal health coverage which includes access to effective and quality healthcare for all.

Facilities Distribution:

Key Findings

- Out of 942 health facilities in Nairobi, 19 are closed and 6 are pending opening which presents untapped capacity.
- Medical clinics and dispensaries dominate the healthcare landscape accounting for approximately 70% of all facilities.
- There are very few higher-level facilities (district/national referral hospitals) meaning there is limited access to specialised care.





Recommendations

- Prioritise reopening of the 19 closed facilities, especially *Our Lady of Lourdes Mwea Hospital* in Embakasi which is already equipped with beds, cots, and operates 24 hours.
- To strengthen primary care access, expedite the opening of the 6 pending outpatient facilities.

Universal Health Coverage (cont…)

Facilities Distribution:

Pending Opening:

Facility Name	Region	Location	Open 24 Hours	Open Weekends
PCEA Silanga Church VCT	Kibra	Laini Saba	×	×
Nyumba Kubwa Community Clinic(Darajani)	Kibra	Makina	×	×
Gatwekera B(Olympic)	Kibra	Olympic	×	×
Bar Hostess Empowerment and Support Programme (Makadara)	Makadara	Makongeni	×	×
Medical Link Integrated Health Program	Makadara	Viwandani	×	✓
Sasa Centre (Westlands)	Westlands	Kangemi	×	✓

To meet Nairobi's average levels of inpatient and home-based care services per capita, the following regions need additional facilities that offer inpatient (IPD) and home-based care(HBC):

Region	Population	Current IPD	Target IPD	New IPD Required	Current HBC	Target HBC	New HBC Required
Westlands	308,854	17	21	4	14	18	4
Embakasi	988,808	55	65	10	34	56	22
Kasarani	1,407,138	52	93	41	46	79	33
Mathare	206,564	5	14	9	8	12	4

Non-Operational Facilities:

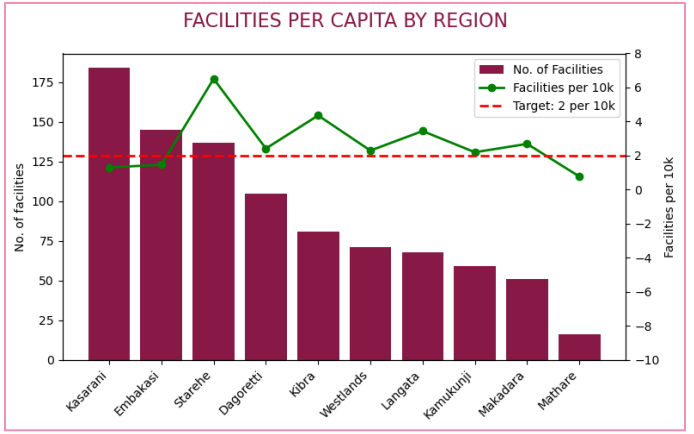
Facility Name	Region	Location	Beds	Cots	Open 24 Hours	Open Weekends
Kinga Medical Clinic (Dandora)	Embakasi	Dandora	0	0	×	✓
East Medical Clinic	Embakasi	Dandora	0	0	×	✓
Our Lady of Lourdes Mwea Hospital	Embakasi	Kayole	50	20	✓	✓
St Ann's Clinic	Embakasi	Kayole	0	0	×	×
Mmak Embakasi Stand Alone VCT	Embakasi	Mukuru	0	0	×	×
Darushif Medical Clinic	Embakasi	Umoja	0	0	×	×
Special Provision Clinic	Embakasi	Umoja	0	0	✓	✓
Imani Medical Centre	Kasarani	Githurai	0	0	×	✓
Christian Aid Dispensary	Kasarani	Githurai	0	0	×	×
Ronil Medical Clinic (Githurai)	Kasarani	Githurai	0	0	×	×
AAR Kariobangi Clinic	Kasarani	Kasarani	0	0	×	×
Jerapha Maternity	Kasarani	Korogocho	0	0	×	×
PCEA Clinic (Ngundo)	Kasarani	Ruai	0	0	×	×
Baraka Medical Centre	Kasarani	Ruaraka	0	0	×	×
Piemu Medical Health Centre	Kasarani	Ruaraka	0	0	×	×
Olympic Community Clinic	Kibra	Sarang'ombe	0	0	×	×
PCEA Kuwinda Health Clinic	Langata	Langata	0	0	×	×
Makogeni Clinic	Makadara	Viwandani	0	0	×	×
P & T Clinic	Makadara	Viwandani	0	0	×	×

Universal Health Coverage (cont…)

Facilities Distribution:

Key Findings

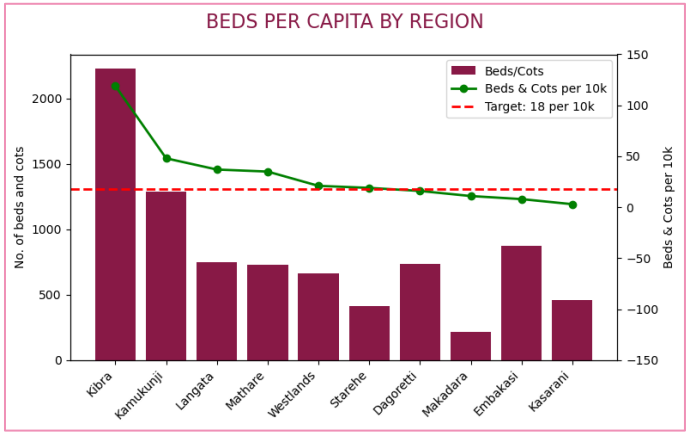
- In terms of facilities per capita, the 3 most underserved regions are Mathare, Kasarani, and Embakasi all with under 2 facilities per 10,000 population.
- Dagoretti, Makadara, Embakasi, and Kasarani have less than the recommended 18 beds per 10,000 population.
- There are no cots in Mathare indicating a critical gap in neonatal/paediatric care.



Recommendations

To reach the 18 beds/10,000 target, at least 2 facilities/10,000, and be able to provide basic neonatal care in all regions:

- Mathare: needs 26 additional facilities and 53 cots
- Kasarani: needs 98 additional facilities and 2,074 additional beds
- Embakasi: needs 53 additional facilities and 909 additional beds
- Dagoretti: needs 44 additional beds
- Makadara: needs 128 additional beds



Neonatal and Child Mortality

- **SDG Target 3.2** aims to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.
- To support this goal, the County should prioritise improving access to **Community Integrated Management of Childhood Illness (C-IMCI)** by adding C-IMCI services in the following regions currently below average:

Region	Population	Current C-IMCI	Target C-IMCI	New C-IMCI Required
Kibra	185,777	3	4	1
Makadara	189,536	3	4	1
Embakasi	988,808	9	17	8
Kasarani	1,407,138	7	24	17

Communicable Diseases

- **SDG Target 3.3** aims to end the epidemics of AIDS, tuberculosis, malaria, neglected tropical diseases, combat hepatitis, water-borne diseases, and other communicable diseases by 2030.
- To help achieve this, Nairobi County should prioritise improving access to **antiretroviral therapy (ART)** services by adding these services in the following regions currently below average:

Region	Population	Current ART	Target ART	New ART Required
Dagoretti	434,208	10	11	1
Westlands	308,854	7	8	1
Embakasi	988,808	12	25	13
Kasarani	1,407,138	21	35	14
Mathare	206,564	5	6	1

Sexual and Reproductive Health

- **SDG Target 3.7** aims to ensure universal access to sexual and reproductive health-care services, including family planning, information, education, and integration into national strategies by 2030.
- To support this, the County should prioritise expanding **family planning (FP)** services by adding these services in the following regions currently below the county average:

Region	Population	Current FP	Target FP	New FP Required
Westlands	308,854	15	20	5
Embakasi	988,808	54	62	8
Kasarani	1,407,138	51	88	37
Mathare	206,564	5	13	8

Thank You!